

## RELATIONSHIP HONORING DESPACHO

This *despacho* ceremony promotes self-love, deep listening & honesty (into-me-you-see), and radical forgiveness towards ourselves and the ones we love. While the intention of this ceremony is for honoring intimate partnerships, the ingredients can easily be adjusted for any type of relationship, be it parent/child, a friendship or business partnership. Feel free to make substitutions for any of the medicines that I list if another ingredient has more resonance with you. This ceremony works with great results if only one person performs it, yet if possible, create the *despacho* with your partner on the full moon.

### Ingredients

- Despacho paper, roughly 18"x 18"
- Red yarn or string for tying up the *despacho*, approximately 4' long
- Cornmeal
- Tobacco
- Medium sized Scalloped shell
- *Untu*, or any kind of animal fat
- Cross or small quartz crystal
- 3 coca leaves
- *Agua de florida*
- Bell
- A lock of you and your partner's hair
- One *Tirakuna* offering for the Guardians of the South direction (ie. feathers, beef jerky, wool)
- Three types of *Awkikuna* offerings for the Guardians of the West direction (ie. herbs, seeds & flower petals)
- Three types of *Malkikuna* offerings for the Guardians of the North direction (ie. Incense, sugar crystals, small gem stones)
- Three types of *Machula Awlanchis* offerings for the Guardians of the East direction (ie. sprinkles, beads & candy)
- Carnation cologne or Rose & Carnation waters
- Powdered magnetite or sand containing a high percentage of magnetite
- Rose oil - unconditional love
- Cedar leaf - cleansing and clearing
- Seeds - new beginnings
- Cinnamon powder or chips - open heart, warmth & sensuality
- Lavender flowers - forgiveness
- Quartz crystal chips - clarity

- White sage - wisdom
- Three hawthorne berries (in bulk herbs at health food stores) - strengthens the heart
- Sprinkles or candy - playfulness
- Dried orange, lemon or grapefruit peel - "zest" for the relationship
- 2 male & 2 female *haywuru* seeds - balance of masculine/feminine energies
- Gold & Silver ribbon or string - sun & moon
- Animal cookies/crackers - animal allies
- Red rose petals (fresh or dried) - passion for the relationship
- Yellow flower petals of any kind (fresh or dried) - friendship and trust
- Rose Powder (optional) - Divine love

### Despacho Ceremony

- Place a drop of *Agua de Florida* on the surface you will be working. Place the paper down on top and add one more drop of *Agua de Florida* in the center of the paper.
- Create a cornmeal circle beginning in the south of the despacho paper, moving clockwise.
- Sprinkle the tobacco inside the cornmeal circle from the top of the circle to the bottom, and from the right edge of the circle to the left edge, making a cross.
- Make a three-leaf *k'intu* and blow your prayers for Pachamama, prayers for your community, and prayers for your relationship into them.
- Place the *k'intu* in the center of the tobacco cross and place the shell with animal fat in it, on top of the *k'intu*.
- Place the cross/crystal on the animal fat and snap over it.
- Place you and your partner's copies of the oracle/tarot cards on top of the tobacco lines of your choosing, so that each line has a card on it.
- For each of the Guardians of *Ayni* in the four directions, place one offering on either side of the cardinal direction where the tobacco meets the cornmeal—one from you and one from your partner.
- Place the third offering between them, directly on the cardinal points.

With each of the following ingredients, blow your prayers into them, asking for the offerings to infuse your relationship with their medicine. Bring to mind the qualities of your partner that you appreciate, and blow them into the offerings as well.

- Put a small amount of Carnation or Rose & Carnation water in the scalloped shell
- Make a circle of the magnetite all along the inside of the cornmeal circle, starting in the west.
- Arrange the cedar leaf on the inside of the cornmeal circle
- Scatter the seeds on top of the cedar leaf
- Place the cinnamon in the south of the circle

- Place the lavender in the west of the circle
- Place the quartz chips in the north of the circle
- Place the dried sage in the east of the circle
- Place all three hawthorn berries in the scalloped shell in the center of the despacho
- Scatter the sprinkles/candy and the citrus peel all around the outside of the cornmeal circle
- Place the animal cookies/crackers all along the outer rim of the cornmeal circle
- Place the two female haywuru seeds on the tobacco lines in the north and east directions, between your Guardian offerings and the center shell
- Place the two male haywuru seeds in the south and west directions in a similar fashion
- Place the silver ribbon along the west/east directions
- Add two drops of rose oil onto the silver ribbon where it lays on top of the shell
- Place the gold ribbon along the north/south directions and on top of the rose oil so that the oil is connecting the two ribbons
- Cover with the red and yellow flower petals
- Sprinkle the rose powder over the flower petals
- Add a few more drops of Agua de Florida and ring your bell over the *despacho*
- Fold despacho and tie with red yarn
- Give your despacho to a flowing body of water on the new moon